Health status reporting relating to COVID-19
- Please report your information in My HER-SYS -

How to enter your health status

1. Scan the QR code with your smartphone, or open the link sent to you by text message.
2. The first time you log in, you will need an email address and the HER-SYS ID (6 or 7 digits) sent to you by the health center. Please refer to the attached sheet (My HER-SYS User Guide).
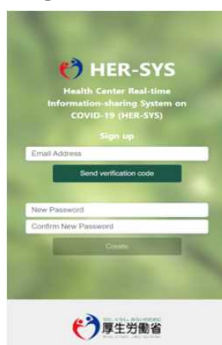3. **Enter your health status ___ times per day.**
* You can also register your family members and enter their health status on the same smartphone or computer.

1. QR Code

URL: https://www.cov19.mhlw.go.jp/

2. Log in Screen

3. Entry Screen

If you have a cough or fever, and are experiencing urgent symptoms such as those below/any other concerning symptoms, please call the emergency contact below.

High urgency symptoms   * Symptoms as determined by family who have seen you.

Expression/ Appearance	· Complexion is obviously pale* ·Lips have turned purple · Looks strange or different than usual*
Shortness of breath, etc.	· Breathing roughly (breathing rate is faster) · Suddenly short of breath · Moving a little in daily life leads to shortness of breath · Chest pain ·Can't lie down ·Can't breathe without sitting down · Breathing with shoulders ·Wheezing
Impaired consciousness	· Appears to be dull or vacant (weak response)* · Appears to be hazy or groggy (unresponsive)* · Pulse feels irregular or has a disturbed rhythm

【Full Name】

_____

【HER-SYS ID】

_____

【Health Observation Period 】

/   〜   /

_____

○○ Health Center
Emergency #:*****-****-*****

英語

Health Observation

- If you have been confirmed to have been infected with COVID-19, or if you are suspected to be infected (including cases such as waiting for the result of your PCR test, etc.), please verify your health status.
- Entering your health status into My HER-SYS with your smartphone, etc. will enable us to monitor changes in your health status faster than talking to you on the phone, so that we can take an appropriate action.
- Please verify your health status by entering it into My HER-SYS, so that you can continue your daily life with peace of mind.
- Depending on the health condition you have reported , or if you have not reported your health status/if we need to check something individually, health center staff or an entity entrusted by the health center may call you personally.

Handling of entered information

- Health status surveys are conducted by prefectures, cities, and special wards that have established health centers based on the Act on the Prevention of Infectious Diseases and Medical Care for Patients with Infectious Diseases (Infectious Diseases Control Act). The information on your health status which you have entered into My HER-SYS, will be considered as your answer to the survey. Prefectures, cities, and special wards that have established health centers have a duty to report information collected via the surveys to the national government (Ministry of Health, Labour and Welfare or MHLW) based on the Infectious Diseases Control Act.
- The Ministry of Health, Labour, and Welfare Situation Assessment/Management System for COVID-19 Infections (HER-SYS), which is operated by the national government (MHLW), will manage your information. This information will be shared only to the extent necessary* with public officials of prefectures, cities, special wards, and the MHLW who do work based on the Infectious Diseases Control Act, as well as related organizations (local medical associations, etc.) which have been entrusted with jobs such as tracking health statuses by prefectures, cities, and special wards.
  *For example, we anticipate it will be used in the following cases:
  - Sharing information about your health status with doctors who conduct health checks and follow-ups while you receive medical treatment.
  - Sharing information between health centers when the health center which has jurisdiction over the medical institution that has made the diagnosis of COVID-19 is different from health center which has jurisdiction over the place of treatment (hotel/home) of the returnee/person who has been in contact.
  - Using information to create data necessary for adjusting the number of hospital beds and accommodation facilities, such as changes in the number of patients in the area, etc.
- In addition, the national government (MHLW) will use the information accumulated on HER-SYS to create and publish statistics such as the outbreak status of COVID-19. This statistical information will be useful in forming the basis for research on COVID-19 cases. (The statistics include data such as the number of confirmed COVID-19 cases in Japan or by area, and do not include information that can be used to identify individuals.).
- Information you have entered will not be used for any purpose other than executing business based on the Infectious Diseases Control Act, including the applications mentioned above, and other business related to measures against COVID-19.
- Among the information managed by the national government (MHLW) using HER-SYS, information that can be used to identify individual may be disclosed, corrected, or suspended from use based on the Act on the Protection of Personal Information Held by Administrative Organs.