If your child tests positive with COVID-19

1. Keep rooms ventilated

Ventilate regularly
Keep windows open even when the air conditioner is on.

2. Use separate rooms when possible

Separate the living space
Use partitions or curtains, 2M distance from others can be effective.

3. Wear a mask whenever possible

All family members should wear a mask
Children under 2 years old are excluded due to choking hazard.

4. Wash your hands and Disinfect common spaces

Wash hands frequently with soap and use hand sanitizer
Disinfect toys, the surfaces and objects touched by multiple people frequently.

5. Thoroughly wash clothes and Clean the house

Launder your clothes as usual
Please change your clothes frequently and wash them thoroughly.

6. Tie the trash completely

Close the trash tightly when disposing
Do not touch and throw away tissues used by patient immediately.
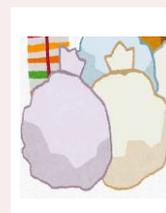
☑ **Points to check your child's health**

・Monitor your child's mood, appetite, complexion, and breathing.

・If your child **is dazed, in a bad mood, has no appetite, cannot drink water, has difficulty breathing, looks pale, or is vomiting severely**, please consult a health center or family doctor immediately.

☑ **Limit the number of caregivers**
☑ **Monitor health of family members**
☑ **Consult with your municipality or health center**
 if you need advice on caring for an infected child

Avoid the 3Cs and aim for Zero C

MHLW Ministry of Health, Labour and Welfare of Japan

COVID-19 HP