

**Supplemental Table 5. Clinical characteristics in 2012 in the participants with CKD Stage G1**

	number of data	mean		SD
Age, years old	51	62	±	10
Men (%)	51		( 31.4 )	
Height (cm)	51	156.4	±	8.7
Body weight (Kg)	51	56.2	±	11.4
BMI (Kg/m <sup>2</sup> )	51	22.9	±	3.9
Waist circumference (cm)	50	84.6	±	10.2
SBP (mmHg)	51	125	±	17
DBP (mmHg)	51	75	±	10
TG (mg/dl)	51	117	±	78
HDL-C (mg/dl)	51	62	±	16
LDL-C (mg/dl)	51	122	±	31
FBS (mg/dl)	48	108	±	31
HbA1c (%)	51	5.5	±	1.1
Uric acid (mg/dl)	51	4.7	±	1.1
Cr (mg/dl)	51	0.53	±	0.08
eGFR (ml/min/1.73m <sup>2</sup> )	51	99.8	±	14.2
Urinary protein - / +- / 1+ / 2+ / 3+ (%)	51	43.1 / 5.9 / 43.1 / 7.8 / 0.0		
Urinary occult blood - / +- / 1+ / 2+ / 3+ (%)	51	33.3 / 3.9 / 7.8 / 35.3 / 19.8		
Urine sugar - / +- / 1+ / 2+ / 3+ (%)	51	92.2 / 2.0 / 2.0 / 0.0 / 3.9		
Visit primary care physicians (%)	51	45.1		
Received special health guidance service after visiting primary care physician (%)	23	13.0		

Abbreviations are: SD; standard deviation, BMI; body mass index, SBP; systolic blood pressure, DBP; diastolic blood pressure, TG; triglyceride, HDL-C; high density lipoprotein cholesterol, LDL-C; low density lipoprotein cholesterol, FBS; fast blood sugar, HbA1c; hemoglobin A1c, Cr; serum creatinine, eGFR; estimated glomerular filtration ratio, CKD; chronic kidney disease.